

**CENTRE MEMBER
NOMINATION FORM FOR LAQ COMPETITIONS:**

Centre: _____

This nomination form is for the use of Centre athletes and may be copied for nominating purposes for each of the following LAQ competitions by ticking the appropriate box. Regional Championship Nom.'s must be lodged through your Centre.

Bendigo Bank
Regional Championships

Medibank
Senior Carnival / Junior Pent

IGA Winter Championships

Nordic Sport
Junior Carnival / Senior Pent

Nom. fees:
\$10 per athlete for all competitions

IGA Winter U7 & U8 Carnival

REFER TO CENTRE COMMITTEE FOR NOMINATIONS CLOSING DATES & MAXIMUM NUMBER OF ENTRIES		BENDIGO BANK REGIONAL CHAMPIONSHIPS (U7 - U17's) Winter 7 & 8's Carnival & Winter Championships (U9 - U17's)										
		JUNIOR CARNIVAL (U7 - U10's)				SENIOR CARNIVAL (U11 - U17's)						
EVENTS		U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17
Shaded boxes indicate events which ARE NOT available to that age group	Sprints	70										
		100										
		200										
	Middle/	400										
	Distance	800										
		1500										
	Walks	700										
		1100										
		1500										
	Hurdles	60										
		80										
		90										
		100										
		200										
	Long Jump											
	High Jump											
Triple Jump												
Shot Put												
Discus												
Javelin												
U15 - U17's Winter C'ships / Regional Pent												
PENTATHLON (Jun or Sen)												

Surname _____ Contact ph/email: _____

First Name _____ B/G U/ Rego No. _____ No Events _____ Fees \$ _____

First Name _____ B/G U/ Rego No. _____ No Events _____ Fees \$ _____

Parent/Guardian: (name) _____ Total Fees \$ _____

I am prepared to officiate at the _____
(please nominate at least one event & details)

Nomination form can be mailed, faxed or emailed.
Little Athletics Queensland
Postal: PO Box 6037, Fairfield Gardens QLD 4103
Fax: 07) 3255 9438
Email: info@laq.org.au / k.lunt@laq.org.au

Payment can be Cash, Cheque or Direct Deposit
Direct Deposit: Bendigo Bank, BSB: 633 000
Account No.: 1256 10782
Account Name: Queensland Little Athletics

Centre use only
Receipt No: _____ Amount received: _____